

# Jefferson County Community Network

*“Working together to help children, youth and families succeed”*

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## **Meeting Minutes**

Wednesday, September 1, 2010 ☆4:00pm-5:30pm

Mountain View Commons, Police Department Conference Room

Attendees: Angel Duerst, Anji Scalf, Bruce Marston, Carla Montgomery, Catharine Robinson, Cynthia Koan, Julia Danskin, Trely Wolfe

Guests: Kelly Matlock, Mary Jo Mackenzie, Quen Zorrah

Program Manager: Anne Dean

Julia Danskin, Chair, called meeting to order at 4:10pm

### **I.**      **Introductions**

### **II.**     **Changes to the Agenda**

### **III.**    **Public Comments/From the Floor/Announcements**

- Cynthia’s report from FPC meeting—attended in Yakima back in July.
  - Great conversations/great inspirational reports
  - Laura Porter emphasized:
    1. Education/Communication: sharing new ACEs info/new ACEs classes online
    2. Surface the wisdom in our communities, listen, seek
    3. Make proposals for flexibility: Don’t take money from existing programs, but seek alignment, shared focus, complimentary and collaborative efforts
- Julia: Privatization of Liquor Stores-Initiatives 1100 and 1105. Information from the WA State Voters’ Guide included.
  - There is an interesting podcast on KUOW’s *The Conversation with Ross Reynolds*. On July 27, 2010, the program focused on *Privatizing Liquor*.
    1. Speakers include:
      - **Charla Neuman** is a spokesperson for I–1105.
      - **Ashley Bach** is a spokesperson for I–1100.
      - **Jim Cooper** is with the Washington State Association for Substance Abuse and Violence Prevention and he's with the campaign to oppose both I–1100 and I–1105.
        - Here is the link for the podcast:  
<http://www.kuow.org/program.php?id=20919>
- New ACEs report available online called, “ACEs and Population Health in Washington: The Face of a Chronic Public Health Disaster”. It can be accessed via our website or at:  
<http://www.fpc.wa.gov/publications/ACEs%20in%20Washington.2009%20BRFSS.Final%20Report%20%207%202010.pdf>
- Infant/Toddler Regional Assessment: community input wanted
  - Carla possibly interested

### **IV.**    **Approval of the March, 2010, May, 2010 and June, 2010 Meeting Minutes**

➤ **Vote Required—M/S/A Catharine/Trely/All**

## V. Old Business

- Board Member Changes Julia
  - Liesl Slabaugh's and Beth Mosley's resignations--**Vote to Accept Required**
    - **M/S/A Trely/Cynthia/All**
  - Additions to Board: Carla Montgomery (CPS), Anji Scalf (Pool)
- Updates Multiple
  - Legislative/Funding Updates--attached
  - SAAB Recidivism reduction grants—No Report
  - "The TRUE Cost of Substance Abuse: Understanding the Financial Impact of Substance Abuse and Addiction in Jefferson County, WA" —on the home page of [www.jeffcocommunitynetwork.org](http://www.jeffcocommunitynetwork.org)
    - a. AA volunteers in the jail now need to be escorted by jail staff is another example of public funding being utilized to combat substance abuse
  - Jefferson County Youth Initiative Info—Process is delayed at this point due to other pressing concerns for both city and county leaders
  - *Healthy Youth News*—attached and available online

## VI. New Business

- Report on Nurse Family Partnership (NFP) Quen Zorrah
  - This July will be 11 years since Jefferson County started NFP. Part of the County's contract with the national office is to have an NFP advisory board. Because we are so small the Network has filled this role.
  - Three nurses started NFP here in 1999—it was considered a new way to look at child abuse and neglect—wanted to prevent people from going into the CPS system
    - Evidence based program
    - County decided to utilize NFP—no stigma associated to visit w/nurses
    - Highest tier of research for prevention-30 years of data collected nationally
    - No stable funding for NFP-Has been funded with medical coupons/Community Network/UGN/1/10<sup>th</sup> of 1%--highest priority prevention program, but various funding sources and not all continual (e.g. JCCN)
    - Criteria-based: 1<sup>st</sup> time pregnant woman (average age is 18-20), low-income, higher level of need, in first half of pregnancy until baby is 2 years old (intensity and duration)
    - Program is not just education, but mental health-based and founded on attachment theory. Models a therapeutic relationship with nurse and mother (and other family members)
    - Long-term relationship focus—outcomes (see flyer)
    - Goal = 20 families
    - Jefferson County—higher rate than state of those who experience abuse and have mental health issues
  - Quen shared promotional literature for NFP and WA state
    - ACEs data being collected in Jefferson County
    - Mary Jo shared story of client
- Exec Committee Elections Discussion
  - Description attached—anyone interested in an additional position?
    - Cynthia interested in Chair
    - Elections to be held in November—Anne will add to website
    - If anyone is interested, please let Julia know
- Strategic Planning for 2010-2011 Anne
  - Recommendations from workgroup for 2010-2011year:
    - Program Manager Changes/New Contract -- **Vote to Accept Required M/S/A Trely/Catharine/All**
      - New contract attached
      - New hours (reduced to 23-ish)/new pay rate/liability insurance

- *Communities That Care/Grants/Activities*—
  - Workgroup—Trely/Cynthia/Catharine and anyone else who is interested
- New meeting dates, location and structure
  - Alternating Program Meeting and Business Meeting
  - Board will meet on the first Wednesday of each month from September through June from 4-5:30pm
  - Meetings will now be held at the Mountain View Commons, Conference Room 6
- Board member training/involvement/activities—Volunteers are needed!
  - Board member recruitment
  - *Communities That Care* workgroup
  - Healthy Youth Coalition Program/Chair
- Family Policy Council Retreat (Sept 27-28, Warm Beach Camp, Stanwood)
  - *Building Healthy and Resilient Communities*  
 “There are multiple approaches to engage your community be it geographic, cultural or even issue related. Networks have proven ways that engage more and more leaders in fostering conversations and strategies that create the future they desire. It’s critical to be ready for what’s next on the horizon, including the challenges of the upcoming legislative session! Join us for a stimulating and FUN time! More Information coming asap...mark your calendars now! “ –from conference brochure

If interested in attending, please let Anne know.

- Draft 2010-2011 Budget—Executive Committee recommends this budget-- ***Vote to Accept Required M/S/A Catharine/Bruce/All***
  - This budget reflects the reduced funding for this fiscal year, as well as leaving some room for possible budget cuts that may still be experienced.

**VII. Administrative Business**

- Program Manager Reports Anne
  - Check out the google analytics report—pretty cool information! Website is a pretty powerful tool that we can do more with!
- Financial Status Report: Anne
  - Final Budget-to-Actual 2009-2010
  - Current Budget-to-Actual

**Next Meeting: October 6, 2010—PROGRAM MEETING—MARIJUANA... ☀ 4:00-5:30pm ☀ Mountain View Commons**

**Welcome Back!**